



2021-2022 Wellness Policy Report

Sun Valley Academy

Our Wellness Goals



We met these goals:

- ✓ [Insert goals that were successfully completed for nutrition promotion, nutrition education, physical activity, and other activities.]
- ✓ Posters in lunchroom
- ✓ Handouts sent home
- ✓ After school sports resumed
- ✓ Aftercare sports and games resumed
- ✓



We are still working on these:

- ✗ [Insert goals that were not started/completed for nutrition promotion, nutrition education, physical activity, and other activities.]
- ✗ Have not sent out a monthly newsletter
- ✗ Have not had face-to-face meetings this school year because of closures and quarantines

District Wellness Committee

Actively recruiting!

- ✓ Meets [*frequency*] about school health & safety
- ✓ Led by [*name/position*]
- ✓ Designates a [*district and/or school*] official to ensure that schools use the wellness policy

Current members include: [*parents, students, teachers, administrators, food services representatives, other school staff, school board members, community partners, the general public, other*]



To join, contact: [*insert email or phone*]

Our District Wellness Policies

- ☐ [State whether your school met district policies for meal standards, competitive foods & drinks, celebrations, rewards, fundraisers, and marketing]
- ☐ Follow meal pattern guidelines at both campuses
- ☐ No other food is sold on campus
- ☐ No fundraisers selling food

Planning, Tracking, & Sharing

- ☐ [Insert your school's activities related to plans for implementing the district wellness policy, triennial progress assessments, and public notifications]
- ☐ Will post an updated LWP on the school website
- ☐ Will begin to send out newsletters
- ☐ Will hold face-to-face meetings with committee when deemed safe to do so

